

<p align="center"><u>Human Lifespan Development - Coping with Life (L2.P3, P4, M2 and D2)</u></p> <p><u>CHECKLIST TASK</u></p>	<p align="center">✓</p>
<p>Introduce your 2 individuals who have experienced the same life event. Explain event – ws it expected/unexpected.</p>	
<p>Case study 1 P I Impact on each PIES positive and negative E S</p>	
<p>Case study 2 P I Impact on each PIES positive and negative E S</p>	
<p>How did Case Study 1 Adapted to life event, using Support (P4)</p> <p>How did David adapt to the life event? Give at least 4 examples showing how they tried to adapt to the life event.</p> <p>Explain what type of support and who supported David had (Types - emotional, financial, practical or information/advice. Sources - Informal, Formal, Voluntary)</p> <p>Explain how each person adapted to the life-event, e.g. if it was a physical life event, did they get specialist equipment?</p> <p>How did the support help them adapt to the life event?</p>	
<p>How did Case Study 2 Adapt to the life event, using Support (P4)</p> <p>How did David adapt to the life event? Give at least 4 examples showing how they tried to adapt to the life event.</p> <p>Explain what type of support and who supported David had (Types - emotional, financial, practical or information/advice. Sources - Informal, Formal, Voluntary)</p> <p>Explain how each person adapted to the life-event, e.g. if it was a physical life event, did they get specialist equipment?</p> <p>How did the support help them adapt to the life event?</p>	

<p>What had the most and the least impact on case study 1</p> <p>What impact did the life event have on each development? Then look at the 4 areas of development and explain which area it affected the most and which area of development it affected the least.</p>	
<p>What had the most and the least impact on case study 2</p> <p>What impact did the life event have on each development? Then look at the 4 areas of development and explain which area it affected the most and which area of development it affected the least.</p>	
<p>Compare the ways that two individuals adapted to a life event and the role that support played (M2)</p> <p>The Support Given to Case study 1 Using the section above, you have discussed the support Case study 1 would have received;</p> <ul style="list-style-type: none"> → How effective was the support that was given to the individual? → Which support was the best and most effective? → Which support was the least effective? 	
<p>Compare the ways that two individuals adapted to a life event and the role that support played (M2)</p> <p>The Support Given to Case study 2 Using the section above, you have discussed the support Case study 2 would have received;</p> <ul style="list-style-type: none"> → How effective was the support that was given to the individual? → Which support was the best and most effective? → Which support was the least effective? 	
<p>The Comparison of Two Individuals Adapting to the life event</p> <p>Here you are discussing both case studies. You are to COMPARE how each individual coped with the life event. For example, did one person cope better than the other? How do you know? Give relevant examples from the case studies.</p> <ul style="list-style-type: none"> → As a result of the support that was given. Who adapted to the life event more? Give evidence from the case study that proves your opinion → Also include evidence to show how effective the support was with helping the individual to adapt to the life event. <p style="text-align: center;">Sentence examples:</p> <p style="text-align: center;">“Naheem coped better with the death of her husband because she accepted help from her family, whereas David didn’t want to accept the help from his family or the therapist at first.”</p> <ul style="list-style-type: none"> → Explain with examples what role (job) the support played in helping the individuals cope. For example, HOW did the therapists help each person? Which of the PIES did the support help with? 	

Assess how well two individuals adapted to a life event and the role and value of support in this (D2)

How well Case study 1 Adapted and the Value of Support they Received

- How important was it that that they had the support they received?
- How valuable was it that they had this support?
- Assess which form of support was the most valuable and helped them the most.

How well Case Study 2 Adapted and the Value of Support they Received

- How important was it that that they had the support she received?
- How valuable was it that they had this support?
- Assess which form of support was the most valuable and they them the most.

Comparison of which type of support was most/least valuable and helpful (with evidence from case study)

You have to ASSESS which person adapted better to each life-event and provide evidence to back this argument up.

e.g. “the therapist was the most valuable to David, because she allowed him to express his emotions, whereas the family support was least valuable because...”

e.g. “She coped better than David because she allowed her parents to support her, this meant she was more able to cope with the bereavement. You can see this is true from the case study because...”

You should also explain why someone might say something different to you.

E.g “someone might say that the medication was the most valuable because....however I disagree with this idea as the evidence suggests family support was more valuable because...”

You have to write an overall conclusion summarising your findings.

E.g. “In conclusion, it is clear that people deal with life-events in different ways...”

What the command word ‘assess’ means:

“Weigh up to what extent something is true. **Persuade** the reader of your **argument** by giving **relevant research** but **also remember to point out any flaws and counter-arguments as well**. **Conclude** by stating clearly how far you are in agreement with the original idea.”