

## COVID-19 (Coronavirus): A quick guide for parents/Carers

What to do if...	Action needed...	Back to school...
...my child has COVID-19 symptoms	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child should get a test</li> <li>• Whole household self-isolates while waiting for test results</li> <li>• Inform school immediately about test results</li> </ul>	<p>...if a child's test comes back negative and symptom free for 48 hours. The child should not be tested again unless they develop new symptoms.</p> <p>If the test result is positive, see below.</p>
...my child tests positive for Covid-19	<ul style="list-style-type: none"> <li>• Child should not attend school</li> <li>• Child self isolates for at least 10 days from when symptoms started (or from day of test if no symptoms)</li> <li>• Inform school immediately about test results</li> <li>• Whole household self isolates for 14 days from when the symptoms started (or from day of test if no symptoms) – even if someone teste negative during those 14 days</li> <li>• Other household members should not get tested unless they develop symptoms because even if they tested negative, they must still isolate for 14 days</li> </ul>	<p>...after 1 days has passed so long as the child is feeling better and has been without a fever for at least 48 hours.</p> <p>They can return to school after 10 days even if they still have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.</p>
...somebody in my household has Covis-19 symptoms	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Household member with symptoms should get a test</li> <li>• Whole household self isolates whilst waiting for test result</li> <li>• Inform school immediately about test results</li> </ul>	<p>...if the household member's test is negative, and the child does not have Covid-19 symptoms.</p>
...somebody in my household has tested positive for Covid-19	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self-isolated for 14 days from day when symptoms started (or from day of test if no symptoms) – even if someone tests negative during those 14 days</li> <li>• No need for the child to get tested unless they develop symptoms</li> </ul>	<p>...when child has completed 14 days of self-isolation, even if they tested negative during the 14 days.</p>
...NHS Test and Trace have identified my child as a 'close contact' of somebody with symptoms or confirmed Covid-19	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child self isolates for 14 days (as advised by NHS Test and Trace) – even if they tested negative during those 14 days</li> <li>• Rest of household does not need to self-isolate, unless they are a 'close contact' too</li> </ul>	<p>...when the child has completed 14 days of self-isolation, even if they tested negative during those 14 days</p>

<p>...we/my child has travelled and had to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> <li>• Do not take unauthorised leave in term time</li> <li>• Consider quarantine requirements and FCO advice when booking travel</li> <li>• Provide information to school as per attendance policy</li> </ul> <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self isolates for 14 days – even if they test negative during those 14 days</li> </ul>	<p>...when the quarantine period of 14 days has been completed for the child, even if they have tested negative during those 14 days.</p>
<p>...we have received advice from a medical/official source that my child must resume shielding</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Contact school as advised by attendance officer</li> <li>• Child should shield until you are informed that their restrictions are lifted, and shielding is paused again</li> </ul>	<p>...when school/other agencies information you that restrictions have been lifted and your child can return to school again.</p>
<p>...I am not sure who should get a test for Covid-19</p>	<ul style="list-style-type: none"> <li>• Only people with symptoms need to get a test</li> <li>• People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tested positive</li> </ul>	<p>...when conditions above as matching your situation are met</p>

<p>Symptoms include a high temperature, a new continuous cough and loss or change to your sense of smell or taste. See more at <a href="http://www.nhs.uk/coronavirus">www.nhs.uk/coronavirus</a> .</p> <p>For further information please see <a href="http://www.gov.uk/backtoschool">www.gov.uk/backtoschool</a></p>	<p><b>New Government Guidance:</b></p> <p>Only 6 people from multiple households can meet up for social gathering, both indoors and outdoors. For more information please visit: <a href="http://www.gov.uk/coronavirus">www.gov.uk/coronavirus</a></p>
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