



PARK SAFEGUARDING

OUR QUARTERLY SAFEGUARDING INFORMATION LEAFLET

Welcome from our DSL (Mr Taylor) and Deputy DSL (Mrs Harris)

Welcome to our first ever Safeguarding Newsletter! Safeguarding is central to everything we do at Park, from our day to day behaviours to the Deep Learning opportunities we offer our students. Some of the content in this newsletter may not be relevant to you and your child, however it is important for you to know where you can access information online and get support from the Academy, if the situation occurs.

If you have any concerns about your child's well-being, please contact the Academy and speak to your child's Academic Mentor in the first instance. We are always happy to help.

New Service for Young Carers

Park Academy West London is pleased to announce that we are working very closely with the Carers Trust Hillingdon to support our students. Carers Trust Hillingdon is a registered charity that supports young people aged 5-24 who help to care for someone in their family with a long term illness, a disability, a mental health issue or a substance misuse problem. Caring can mean practical, physical or emotional support.

If you think that your child could be a young carer and would like them to have access to a member of the Carers Trust Hillingdon Team then please complete the form which can be collected from Mrs Harris in 2F16.



Substance Use & Misuse

As you will have seen in the media over recent years, substance use and misuse has been a growing concern amongst secondary aged students up and down the country. This can include cigarettes, alcohol or drugs.

We have posted some useful information guides on our website about the most used substances, which we hope you will find useful. You can access them by clicking [here](#).

SORTED is a confidential service for 11 to 25-year-olds in Hillingdon who are experiencing a drug or alcohol-related problem. They offer a range of support and treatment options, such as one-to-one counselling, relapse prevention, general health care, and family support. If your child is ready to speak to someone and tell them what the problem is, call SORTED on 01895 250721.

SORTED

Vaping

There has been an increase in young people using vapes, and in particular experimenting with THC vaping. Vapes tend to produce clouds of smoke that are scentless and disappear quickly. Vaping is relatively new, and little is known about the short or long term effects. Furthermore, it is illegal for a child under the age of 18 to buy a vape, and therefore young people should not have access to these. SORTED have produced a useful information guide about vaping, including THC vaping, which you can find [here](#).



Do you need someone to talk to or confidential support, information and advice on your emotional or physical health, smoking, alcohol, drugs, relationships?

Michelle Farrell, our School Health Nurse, is available to meet with you to answer any questions you may have and give confidential advice.

For a confidential appointment just ask Mrs Harris – SAFE Team Member. She can be found in 2F16.

For all of the up to date news and events, please follow us on Twitter @ParkAcademyWL or follow us on Facebook by searching for 'Park Academy West London.'