



# PARK SAFEGUARDING

## OUR QUARTERLY SAFEGUARDING INFORMATION LEAFLET

### Welcome from our DSL (Mr Taylor) and Deputy DSL (Mrs Harris)

Welcome to our quarterly Safeguarding Information Leaflet! Safeguarding is central to everything we do at Park, from our day to day behaviours to the Deep Learning opportunities we offer our students. We hope you find the information below useful, to support your child in all aspects of their lives.

The well-being of our students is of utmost priority, and we would encourage you to contact your child's Academic Mentor to discuss any concerns you may have. We are always happy to help.

#### The Situation in Ukraine

We understand that the current situation in Ukraine will be causing some students feel anxious. What they see and hear in the news can be worrying and frightening. Whilst we are geographically far away from the events, many in our Academy and community will be directly affected and may have families or roots in the region. The below resources will be very useful in supporting your child if necessary, and we encourage you to use them.

[How to talk to children about Ukraine](#)



[Supporting your child if they see upsetting content online about the situation in Ukraine](#)

#### Safe Internet Use

The internet is everywhere – from social media to news websites. Our students have grown up in a generation where the internet is very important, but it is vital that we ensure their internet usage is always safe.

We cover this in school through our curriculum including during their Computing lessons and Deep Learning Days. However, there is some useful information for parents, which can be found below:

[UK Safer Internet Centre](#)  
[NSPCC](#)  
[Safer Internet Day](#)

**Safer  
Internet  
Day 2022**

#### Children's Mental Health

We all have mental health, just like we all have physical health. It's about how we think, feel and act. Sometimes we feel well, and sometimes we don't. When our mental health is good, we feel motivated and able to take on challenges and experiences. But when our mental health is not so good, we can find it much harder to cope.

We recognise that sometimes students need additional support. You should discuss any concerns you may have with your child's Academic Mentor in the first instance.

There are many resources available to parents, which you can find below:

[NSPCC](#)  
[Young Minds](#)  
[NHS](#)



#### Road Safety

It is important for all young people to understand how important it is to be safe when out in the community, including their journey to and from school. Although this is a topic that our students begin learning at a young age, it is always important to discuss road safety with young people to ensure they are able to keep themselves safe.

The Department for Transport and RoSPA have created a useful guide for parents, which can be found by clicking [here](#).