



**Ms Suvi Mohey [Principal]**

3<sup>rd</sup> May 2023

Dear Parents / Carers,

**Re: Grace Dear Trust Presentation**

Monday 15<sup>th</sup> May is the start of Mental Health Awareness week. At Park Academy we are working to develop our students' understanding of mental health, the signs to look out for and how to access support.

On Monday 15<sup>th</sup> May, we are welcoming the Grace Dear Trust to speak to our Year 9 students about the importance of mental health. The Grace Dear Trust is a mental health charity set by the family of Grace Dear who took her own life aged just 27 in February 2017. The charity's work is focused on educating young people to let them know 'it's ok not to be ok'.

The presentation will cover some issues that may be challenging for some of our students, and we will have our Pastoral Team available to support students who may find the presentation difficult.

Alongside this presentation, we are pleased to launch My Voice, an online reporting system where students and parents are able to report concerns about their child or other students. My Voice can be accessed via a link on the school's website and via QR codes on posters around the Academy. Information will come directly through to the SAFE Team so that any concerns are dealt with in a timely manner. Students will be informed about My Voice via their Academic Mentor and assemblies over the course of the next two weeks.

If you have any questions about the Grace Dear Trust presentation, please do not hesitate to contact me via the main Academy reception.

Yours sincerely,

Miss B. Reynolds  
Senior Vice Principal