

Key Stage 3 PSHCE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<i>Living in the Wider World</i>	<i>Futures</i>	<i>Relationships</i>	<i>Citizenship and Community</i>	<i>Healthy Living</i>	<i>Emotional Health & Wellbeing</i>
Year 7	Living in the Wider World <ul style="list-style-type: none"> ● Discrimination and Equality Act 2010 ● Maintaining friendships ● Self esteem ● Wants and needs ● Prejudice and discrimination ● Safe social media ● Ethical consumers 	Financial Decision Making <ul style="list-style-type: none"> ● Introduction to Unifrog ● Managing money ● Budgeting basics and planning for the future ● Keeping money safe ● Developing a careers profile 	Relationships <ul style="list-style-type: none"> ● Families ● Marriage and different commitments ● Love and new feelings ● Bullying or banter? ● Safe and positive relationships 	Values <ul style="list-style-type: none"> ● Personal core values ● Core values of School and community ● British Citizenship ● British Values ● Identify ● Online radicalization 	Healthy Lifestyles <ul style="list-style-type: none"> ● Healthy lifestyle ● Balanced diets ● Unhealthy living ● Healthy active lifestyles ● Smoking ● Dangers of drugs 	Personal Safety <ul style="list-style-type: none"> ● Recognising good mental health ● Anger ● Puberty ● Menstrual cycle ● FGM ● Basic First Aid
	Deep Learning Activity: Team building Day	Deep Learning Activity: Smoking & Drugs Assembly			Deep Learning Activity: Your Life, You Choose (Met Police)	
Year 8	Discrimination, Prejudice and Challenges <ul style="list-style-type: none"> ● Discrimination and Equality Act 2010 ● Disabilities ● Homophobia ● Teenagers ● Online grooming ● Environmental issues 	Careers and Finance <ul style="list-style-type: none"> ● Budgeting ● Income and expenditure ● Borrowing money ● Keeping safe from fraud ● Communication ● Your skills, your team, your future 	Sex, Relationships and Conflict <ul style="list-style-type: none"> ● Consent ● Contraception ● Dangers of pornography ● Dangers of sexting and image sharing ● STIs ● Male body image ● Domestic conflict 	Prejudice, Values, Extremism & Cults <ul style="list-style-type: none"> ● Tolerance ● Radical groups ● Extremism ● Prevent ● Prejudice and discrimination: religion 	Looking after our Health <ul style="list-style-type: none"> ● Vaping, nicotine and addiction ● Cancer awareness ● Personal safety and First Aid ● Teenage pregnancy 	My Goals, Behaviour and Emotions <ul style="list-style-type: none"> ● Self-confidence and goals ● Personal Development and Target Setting ● Managing my behaviour to achieve ● Self awareness ● Mindfulness
	Deep Learning Activity: mental health, body image / LGBTQ+ presentation (by Natalie Grant).	Deep Learning Activity: Safety First (Emergency Services)	Deep Learning Activity: Prison? Me? No Way! (Met Police)		Deep Learning Activity: Alcohol Workshop (SORTED)	
Year 9	Rights and Responsibilities <ul style="list-style-type: none"> ● Discrimination and Equality Act 2010 ● UNICEF ● Trafficking ● Sustainability ● Young offenders ● Knife crime 	Careers and Enterprise <ul style="list-style-type: none"> ● Understanding and managing debt ● Pay slips and deductions ● Financial technology ● Aiming high and dream careers ● Employment rights and responsibilities 	Healthy Relationships with Ourselves and Others <ul style="list-style-type: none"> ● Eating disorders ● Body image ● CSE ● Abusive relationships ● Peer pressure ● LGBTQAI+ community 	Place in the Local Community – First Give <ul style="list-style-type: none"> ● Working together to improve their community ● Skills development – active listening, clear communication, negotiation and compromise 	Our Health & Personal Safety <ul style="list-style-type: none"> ● Alcohol awareness ● Drugs and the Law ● Vaccinations ● Organ and blood donation ● Stem cells ● Acid attacks ● Self-harm 	Achieving Good Mental Health <ul style="list-style-type: none"> ● Behaving to achieve ● Human rights: access to education ● Interpersonal skills ● Growth Mindset ● Stress and anxiety ● Selfie safety
	Deep Learning Activity: mental health, body image / LGBTQ+ presentation (by Natalie Grant). Deep Learning Activity: Brook workshop on sexual health and accessing service	Deep Learning Activity: Gambling Assembly (Talk Gen)	Deep Learning Activity: DSM Foundation Cannabis Workshop (SORTED)	Deep Learning Activity: Gender and Sexual Orientation (Brook)		