

Key Stage 5 PSHCE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<i>Living in the Wider World</i>	<i>Emotional Wellbeing</i>	<i>Relationships</i>	<i>Personal Health</i>	<i>Futures</i>	<i>Risk & Safety</i>
Year 12	Society <ul style="list-style-type: none"> • Discrimination and Equality Act 2010 • Critical thinking skills • Free speech and hate speech • Social Justice & religion • Honour based violence 	Health and Wellbeing <ul style="list-style-type: none"> • Relaxation • Cosmetic and plastic surgery • Gender identity • Unplanned pregnancy • Miscarriage 	Relationships <ul style="list-style-type: none"> • Bullying and body shaming • Types of relationships • Consent, rape & sexual harassment • Date rape • Relationship break up • Happiness & positivity 	Managing Mental Health <ul style="list-style-type: none"> • Organ donation • Recognising mental health issues (anxiety; depression; eating disorders; self-harm; compulsive behaviours) • Reducing stress and anxiety 	The Next Steps <ul style="list-style-type: none"> • Work ethic • Computer literacy employability skills • Apprenticeships • Plagiarism • Problem solving • Leadership skills 	Safety in the Wider Community <ul style="list-style-type: none"> • Travelling safely • Getting home and avoiding drink driving • Gap Year • Travelling abroad • Local customs • Health issues
			Deep Learning Activity: Alcohol Workshop (SORTED)		Deep Learning Activity: Alcohol Workshop (SORTED)	Deep Learning Activity: Alcohol Workshop (SORTED)
Year 13	Society <ul style="list-style-type: none"> • Discrimination and Equality Act 2010 • Sex & the media • Culture wars and the media • Call out culture • Cultural Appropriation 	Leading a Healthy Lifestyle <ul style="list-style-type: none"> • Mental Fitness • Healthy Eating • Self-love & Self Care • Different types of fitness 	Relationships <ul style="list-style-type: none"> • Types of relationships • Sex: Readiness and encounters • Controlling relationships • Ageism and prejudice • Tolerating intolerance • Online subcultures and extremism 	Managing Mental Health <ul style="list-style-type: none"> • Organ donation • Recognising mental health issues (anxiety; depression; eating disorders; self-harm; compulsive behaviours) • Reducing stress and anxiety 		
	Deep Learning Activity: Living Away from Home Day.	Deep Learning Activity: Wellbeing day Safe Drive, Stay Alive (LFB). Party Drugs (SORTED)	Deep Learning Activity: Parliament Day			